

## Part 1-Transferable Skill Set Stories

### *STEP 1*

#### *AN EXPERIENCE THAT MAKES YOU FEEL PROUD*

An experience that makes me feel proud was when I had my first DNS (Drowning Non Swimmer) save while I was working at Cultus Lake Waterpark. I felt very proud about this moment not only because I saved someones life, yet it taught me a lot about high intense situation. This summer was my first time working as a lifeguard after I finished my national lifeguard training. As a fully trained lifeguard I had the ability to work on the Bazooka Bowls which is the only deep pool at Cultus Lake Waterpark. It was my second week in and I was really enjoying the job and started to feel more comfortable, although, I had never saved anyone thus far. I was standing across from my supervisor discussing what to expected when saving someone. Jackson my supervisor told me that you never know what you are going to get when having a DNS. You need to know what to do in every situation, where in the pool they are and if it is an automatic jump in or do you go for a floaty toss. In most situations you have your supervisor for backup unless a double DNS occurs, which is exactly what happened to me. Two men came down the slides and hit the water, neither could swim. I made the discussion to blow my whistle to let the other guards know about the situation and jump in automatically for the gentlemen hands were bellow the water. I came in from behind him and grabbed his arms and pulled them behind his back. This gave me the ability to pull him to the top of the water and get him to the stairs. My supervisor pulled his victim out seconds later. I sat my guy down and had a conversation about his experience and discussed the repercussion of almost drowning. This taught a lot about what is expected in high intensive situation and I am proud of this.

#### *DESCRIBE A JOB (PAID OR VOLUNTEER) THAT YOU ENJOYED*

Before I was a lifeguard I worked as a Shipper/Receiver at a labeling company in Walnut Grove. I really enjoyed this job and it taught me a lot. Through my time at Fastik

I got a lot of different types of training. I was trained to drive a forklift, organize, pack large items, receive packages and ship all across the world. This training gave me a lot of responsibility while I was working at Fastik, which lead me to gaining a lot of new relationships with staff throughout the plant. When working with others I got to help lead other through projects that needed to be done on a dead line. What I really enjoyed this job was that I never knew what I would be doing that day until I got there in the morning. I had to do a lot of multitasking for there was always a multitude of deadlines I would have to make in a week. Over my time at Fastik the business really expanded, almost to the point that there was not enough space to store our product. This meant I had to be extremely organized and make sure I knew where all our stock was at all time. Even though my time at Fastik sounds quite busy I enjoyed the good and the bad days, It taught me a lot about what is needed to be successful in any line of work. I owe a lot of what I know about being successful to my time at Fastik. The people around me helped guide me to the person I am today. I do not think I would be as hard of a worker as I am today without Fastik pushing me to be my best. I really enjoyed my time at Fastik and still go back and work there during their year end.

### STEP 2

Skill Set	Colour	# of occurrences
Communication	Blue	3
Problem Solving	Cyan	3
Leadership Skills	Red	2
Team work	Yellow	2
Emotional Intelligence	Orange	4
Adaptability	Magenta	4
Work Ethic	Green	2

### STEP 3

By doing my Transferable Skill Set Stories I have learned a lot about how my transferrable skills will affect my life. I decided to write my two stories on describing an

experience that made me feel proud and a job that I enjoyed. The process of writing these stories has shown me a lot about what I feel proud of and what type of work I enjoy. The story component of this assignment was quite interesting for me, I don't often get to write about myself and my past experiences because as a history major we usually only focus on major past events. I think this is a very important part of learning and will help me with teaching through the ability to share my own experiences.

Step two of this assignment was quite interesting for me because the results that I pulled out of my stories were not the skills I thought I possessed. I often see myself as more of a leader who focusses on teamwork and work ethic, although leadership, team work, and work ethic were my lowest number of occurrences throughout my stories. The skills that appeared most for me were emotional intelligence and adaptability which are qualities I wouldn't necessarily describe myself with. Communication and problem-solving were directly in the middle of my lowest and highest and are skills that I believe I possess. After finishing the skill set portion of this assignment I really thought about why the skills I believe I possess were my lowest and the skills I didn't think I had were the highest. After some consideration I came to the conclusion that these stories have put me in more of the follower role, which doesn't necessarily mean that there is no leadership, teamwork and work-ethic skills there. I believe that in all circumstances there must be someone to lead and others to follow because with everyone being a leader or everyone being a follower leads to controversy. This does not mean I am saying that one must only listen to one leader, I'm saying that everyone must have the chance to be both a leader and a follower, for the best leaders are also the best followers. With both of these stories correlating to work, leaves me as an employee. Although, through any job you can show leadership, team work, and work ethic it is often left up to you manager to decide what is best for you and the company. Your emotional intelligence and adaptability show more often because you are ready to learn and do what your managers ask of you. In circumstances like this I believe that your adaptability and emotional intelligence show teamwork, leadership, and a strong work ethic.

From this assignment there are definite skills I would like to improve on. I believe that my teamwork and problem solving skills can always use improvement. I often have

a hard time trusting others to get work done. When I was a part of leadership in high-school I often tried to do everything so I knew it was done. I need to focus more on trusting others ability to do adequate work. For problem solving I often get flustered when something doesn't go to plan and I am already very busy. With already being stressed makes it hard for me to find a solution to the problem. I want to work on my ability to take a step back and look at the problem from a different view.

With this assignment I think there's a direct correlations to my identity map. Both of these assignments show the skills I have acquired, and what is needed from me to be successful. After finishing both assignments I found it interesting to compare my transferrable skill set with the experiences and innovation skills of my identity map. The skills I wrote about under my work, school ,volunteering, home, and community column of the experiences and innovation skills section follows in a direct suit of the skills that this assignment has shown me. In both sections I describe adaptability and emotional intelligence through working in stressful situation and always working towards a solution.

This assignment has shown me what skills I need to improve on and has made me think about how to do so. The assignment is the perfect stepping stone into the next section of this project, the comparative career research. Looking into my skill set will help me decide what is the perfect jobs to look into and help me determine if the path I am on is the right path for me.